

r. Clement's email: FrClementOrango@brcdt.org Parish Website: www.sttheresastansted.org Parish website editor: church-website@zunigadaly.com Parish email: stansted@brcdt.org Twitter: @StStansted Instagram: sttheresastansted Parish Hall Bookings: Please email/contact Fr. Clement		St Theresa of Lisieux Catholic Parish Stansted (The Presbytery. High Lane, Stansted Mountfitchet, CM24 8LQ) Part of a Registered Charity No. 234092 (BRCDT) Priest in Charge: Fr. Clement Orang'o Tel. 01279 814 349 Parish Safeguarding: Susan Gurney safestansted@brcdt.org		Second Sunday of the Year -Weekday Readings Cycle 1 Eucharist Prayer II Memorial Acclamation –3 Gospel Message: As the Lamb of God, Jesus forsakes the killing of animals as burnt offerings to atone for our sins. Instead, he offers himself on the cross to atone for our sins. We are His witnesses of His sacrificial and selfless love.		
Date -20265 Jan 2026	Time	MASS INTENTIONS OFFERED Livestreamed (via YouTube or on our website)	LITURGY OF THE DAY Div. Off. Psalter Week 2	The Holy Sacrament of Confirmation: Bishop Alan will visit our parish on Sunday 27 th September 2026 and celebrate Confirmation Mass at 10.00 am. I would like the Prospective Candidates to take the Confirmation Forms and fill in all relevant details. The lessons will take on Saturdays at 4 pm as follows: First Lesson will take place on January 31 st , then February 28 th , March 21 st , April 18 th , May 2 nd , May 23 rd , June 13 th , July 4 th , July 18 th , August 29 th , September 19 th and 27 th September. The Sacrament of Confirmation completes one's Christian initiation into being the disciple of Christ who is sent forth as a witness of the holy Gospel. All who have not been Confirmed are invited. Mass Intentions: I have a 2026 Mass intentions Diary if you wish to book your personal Mass intentions. At the moment I have only one Mass intention booked for January and one for February. So, there is plenty of room if you wish to help me have a focus of an intention to offer/pray for at Mass. Thank you. Sacristy and Sound System: We currently have very poor storage cupboards for Vestments. So, we are looking for quotes. The man who installed the new Loop has sent a quote of £2250 plus Vat, for the new sound system mixer and its cabinet. It is hoped the new mixer will eliminate the constant buzzing and interference. I appeal for your help, if at all possible. Your donations will be very much appreciated. Thank you. Please bring Food Bank items and we will distribute them to the needy within our community. Thank you. A prayer to St Theresa: God our Father, you welcome near you those who serve you faithfully in this world: we invoke Saint Theresa of the Child Jesus because of her love for you. Her childlike trust made her hope “that you would do her will in heaven because she had always done yours on earth”. I beg you to grant the prayer I make to you in faith as I entrust myself to her intercession. Hail Mary.....		
Saturday 17 th	6.00 pm	For the intentions and prayers of the people of the parish	2 nd Sunday Vigil Mass			
Sunday 18 th	8.30 am 10.00 am	For the intentions and thanksgiving of Sarah Samuels For Vernon Keith’s happy repose R.I.P (Janis’ dad)	Second Sunday Ordinary Time Year A			
Monday 19 th			Feria			
Tuesday 20 th	9.00 am	For the repose of Maria Helen Pattie in heaven – R.I.P	Feria			
Wednesday 21 st	12.30 pm	A Celebration of Word and Sacrament	St Agnes			
Thursday 22 nd	10.00am	For intentions & prayers for Sheena, Michael & family	Feria			
Friday 23 rd	11.00 am 12.00pm	Adoration of the Holy Sacrament & CONFESSIONS For peace and healing of Julie Wolfart	ADORATION Sacred Heart - Votive			
Saturday 24 th	9.00 am 6.00 pm	For the intentions and healing of Benard Westwood For the prayers and intentions of the people of the parish	Our Lady’s - Votive 3 rd Sunday Vigil Mass			
Sunday 25 th	8.30 am 10.00 am	For the intentions and healing of David Walsh (by Tish) For the intentions and prayers for Violet and Family	Third Sunday Ordinary Time Year A			
Confessions Saturdays at 5.15 pm to 5.45pm				Our Parish Finances: As per the minutes of the last Finance Committee, the current financial status of the parish will be presented on 31 st January at 6.00 pm and on the following day at 8.30 am and 10 am Masses. I thank everyone most sincerely for the donations received and for your continued support. Bethlehem Nativity Group: If anyone is in need of the carvings of holy items such as rosaries and statues, you can place an order online directly from them at www.tbng.co.uk or call 07780065473. We remember Nicholas from the Nativity group who visited our parish last year and sold a few items.		
Offertory: Thank you very much for your generous support. Cheques are made payable to: Catholic Church Stansted St Therasas . For online donations, our parish Account Number: 41017519 , Sort Code: 401322 , and account name: Catholic Church Stansted St Therasas .						
Date	Gift Aid	Loose Cash	Standing Order			Total Collection
11/01/26	£60.00	£160.64	£450.00	£672.94		
Helping the poor in London: Please do bring your items to the Church and we will send them to the Franciscan Friars of the Renewal (<i>St Fidelis Friary, Killip Close, Canning Town, E16 1LX. Telephone 0207 4740766</i>). Using the measurements of M, L, XL and XXL: Socks, T-shirts, Jeans, bottom Tracksuits, Sweaters, shoes (only trainers and walking boots), Jackets, Small Toiletries (shampoo, shower gel, toothpaste, shaving foam, toothbrushes, razors, Roll-on-deodorant), underwear (this is the only item that must be new). There are 90% men and 10% women. If possible, it would be lovely to help with monetary donation during the season of Lent for food purchases. THANK YOU.						

A Prayer to Our Lady of Lourdes:

O ever Immaculate Virgin, Mother of Mercy, Health of the Sick, Refuge of Sinners, Comfort of the Afflicted, you know my wants, my troubles, my sufferings; cast upon me a look of mercy. By appearing in the Grotto of Lourdes, you were pleased to make a privileged sanctuary, from which you dispense your favours, and already many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with unbounded confidence to implore your maternal intercession. Obtain, O loving Mother, the granting of my requests. I will endeavour to imitate your virtues that I may one day share your glory, and bless you in eternity. Amen. Hail Mary....

Everyone is warmly welcomed & appreciated here:

I have been so happy to see new parishioners and I thank God for everyone who comes to Mass here. I would like to welcome everyone to our parish especially those who are new or joined us recently. As a parish, we all hope to be friendly and welcoming – so do please come to the Parish Hall after Mass to meet fellow parishioners and share tea/coffee. May everyone feel warmly welcomed, valued and respected in this parish. Here, in the House of the Father, nobody is entitled to judge anyone for to do so is a sin – **(Do not Judge Matthew 7:1)**. Here, no one will question you about your personal or professional life. We are all equal and the same before God. As a parish family, we are all united in the Mission of Christ. We support each other and we pray for each other's intentions and salvation. If you are new, please let me know your details/address for pastoral reasons.

A Prayer to St Joseph:

O Blessed Joseph, husband of Mary, be with us this day. You protected and cherished the Virgin; loving the child Jesus as your Son, you rescued Him from the danger of death. Defend the Church, the household of God, purchased by the blood of Christ. Guardian of the Holy Family, be with us in our trials. May your prayers obtain for us the strength to flee from error and wrestle with the powers of corruption so that in life we may grow in holiness and in death rejoice in the crown of Victory. St Joseph, pray for us who have recourse to thee. Amen. Hail Mary

Dear St Anne, mother of Mary and grandmother of Jesus.

Pray for our families in every generation. Help our children and grandchildren to grow in faith and to live their lives in loving service to others and in gratitude and praise to God. Be with elderly members of our families who need comfort and courage as they face the problems and pains of old age. Be with parents as they try to do the best for their children in giving an example of faithfulness and true values. We ask your help for members of our family who are sick or in need at this time, and especially for those families who are broken and suffering. St Anne, mother, grandmother, friend, pray for us all. Amen. Hail Mary....

Volunteers:

We sincerely thank all our Volunteers: Christmas season is one of the fitting moments to sincerely say thank you to ALL for every help and support we have received throughout the year. On behalf of the Parish, I am immensely grateful to all volunteers who give their time and skills to support the mission of the parish. More recently, I was deeply touched by Sarah Samuels who offered to do the Newsletter and John Richardson who offered to do the administration. We need more volunteers especially Church and Hall Cleaning – please let me know if you can be available to help. If you can be available twice a year to help with Church and Hall cleaning that would be great. A Mass is offered to pray for the intentions and welfare of all volunteers. Thank you and God Bless you

HALL BOOKINGS: – So that I can take FULL responsibility in case of any intended or unintended consequences, please send me an email directly so that I can make a decision to book your event if at all possible. I thought it is time we started to remind ourselves of some basic guidelines. Please do not assume that the Hall is booked for your event until I have given you a written permission via relevant hall forms.

Devotion to the Sacred Heart: Would you like Christ to heal your home, heal your relationships, your marriage, your illnesses and your children? Would you like Christ to help you with family differences and tensions? Would you like Christ to help you financially and holistically? Would you like Christ to Protect you against internal and exterior attacks from the enemy? Christ is All and is in All (Col 3:11). Our Saviour, Christ the Lord, has the answer and the hope we need in every situation of our lives. The Sacred Heart Devotion is a beautiful way to encounter Our Lord. The Sanctuary of the Sacred Heart at Paray-Le-Monial, France, has prepared a 12-steps presentation on the meaning of the Devotion to the Sacred Heart. I recommend this presentation to everyone. Please visit our website to read this presentation: <https://www.sttheresastansted.org/sacred-heart-devotion/>

Jesus revealed to Saint Margaret Mary the secrets of His Heart and the wonders of His love. This is a grace we can ask for as well. It is the grace received by Saint Margaret Mary, the grace that thousands of pilgrims have received, the grace of the Heart of Jesus: to encounter the personal love of Jesus for me. Jesus affirms that His love is for all humanity, and for each one of us in particular. It is as if Jesus is saying: My Heart remains restless until what I have done for all humanity takes on a personal shape and a particular rooting in your life. At Paray-le-Monial, Jesus tells us that the love He has for all humanity, the salvation He works for all humanity, His presence that He maintains with all humanity.....He wants this to take on a wholly personal reality in each of our lives. **Please read the twelve steps on our website – You may choose to read two steps daily and think about them**

A quote from Carlo Acutis- to be canonised 7th September

- a) I never fail to keep the most gracious appointment of the day: Recitation of the Holy Rosary. Praying the Rosary is my shortest ladder to heaven. The Rosary takes us to Jesus through Mary to Heaven.

		<div>b) I love you Jesus, come right in, and make yourself at home in my heart (Carlo would solemnly kneel and say this prayer after receiving holy Communion).</div> <div>Please bring Food Bank items and we will distribute them to the needy within our community. Thank you.</div>
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